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The Most Magical Religion of All

By Nenari, Princess of the Sea

There is a most magical religion. One that has been romanticised and conceptualised since the time before time. It is the most talked about religion, yet it is the most misunderstood religion. Poets attempt to capture its essence, and philosophers attempt to describe it. People often seek outside themselves for it, only to find it eludes them. The magic within this religion comes from understanding that it is a resonance of BEing rather than doing. What is this religion I speak of? Well.....its a four letter word (and no, it is not the F word lol!) No, rather, it is a word and a resonance that if you truly come to understand it even in part of its totality, it will fill you so completely because it IS you. The religion I speak of is.....love.

True religion or religāre is the means by which two bring, come and are two together as One, Two BEing as One and is a guide pointing to true love. Love and Light are these two BEing as One of religion or religāre, and is the One religion of All That Is of the Master Artist. Harmony, peace, compassion, forgiveness, and countless other attributes of love flow just as the river flows through this guiding point. For it is the guiding points of the diamond itself being a line that connects all two together as One. Thus, true religion, the underlying basis of all religion is love itself.

Have you ever heard of the song by Howard Jones called "*What is Love?*" Well, I am a lover of music. Music is my heart, always has been since I was a small child. I have been a singer/songwriter in addition to many other talents most of my life. Upon this song coming to me in my head the other day, it starting me thinking of the lyrics and as the song goes ~ 'What *is* Love anyway?, does anybody love anybody anyway?...can anybody love anyone so much that they will never fear? Never worry, never be sad?'

Is this really true, is there any such thing? We as a society tend to glamourise love. Our media tends to make it all mushy, that it's all about wine and roses. Or the opposite extreme where "*Love is a Battlefield*" as Pat Benetar would say. Is that really all there is to love, one extreme to another?

In my life through both experience and something I would like to call Divine guidance, I have come to understand what love really is, and also what it is not. Love really begins within. Now, I know, I know, many of you reading this would say, 'ok, here goes another one talking about how I gotta love myself, that is so old!' Yet, it is true. The most loving relationship you will ever embark upon is the one within you. To truly love and accept who you are and feel comfortable enough in your own skin. And then to share that love with another as sacred hearts entwine and with all in the world is the most powerful mirrored expression of who you are ever and is why we are here; to love and be loved again and again. When we balance the feminine and masculine essence within us first, we will then naturally draw to us the love of all and the love of sacred hearts entwine on a sacred path where lovers dance.

So, how does one love themselves you might ask? Such a cliché term that so few understand really what it means. It means to give to ourself, our soul first in both body and spirit balance. Not in the selfish way like it's all about me, that is of ego. It is about coming to understand that we all came from love as we are created in love and therefore, how can we not be that of what we are created from?

My youngest son Anthony is a prime example of this. A few years back, he was deathly afraid of mosquitoes. So I said to him one day 'Anthony can I ask you something?' and he said 'Yeah sure mum, what?' and I said 'You understand that we come from the Divine, that some people call it different things like the Master Artist/God/Source Energy/All That Is right?' and he said 'Yeah' and then I said 'Well, if we come from All That Is, aren't we also All That Is?' and he said 'Yes, I suppose so.' So then I said to him, 'Well, if we are All That Is, then are you not that mosquito, and since you are that mosquito, how can you be afraid of that of who and what you are?!' Now, being who I am and my son Anthony knows this, he looked me and he said 'Mom, is this another one of your philosophical moments!' and I had to laugh just as he laughed as well in that moment, and then I said 'Yes, I suppose so.'

At the same moment, such profound wisdom is true ~ How can we be afraid of the very thing we are which is love? Once we come to understand who we really are, loving ourselves, body and spirit first in balance, then love becomes as easy as breathing. And anytime we feel anything other than this love, it is just simply a reminder for us to get back in touch with who we are which is love, just like Anthony did with the mosquito. And since that moment, he has had no aversion to mosquitoes again. In fact, when one of them comes near he usually catches it and lets it go free out in nature because he has come to understand one of the core essences of love, which is freedom.



Love is Freedom

One of my favourite authors Neale Donald Walsch writes, "It is only through your relationship with people, places and events that you can even exist. Relationship is the most important experience in our lives. Without it, we are nothing. Literally. Relationship is the only experience in life that brings you an experience of yourself in life. Not only do I know myself out of my relationship with you, but I literally define myself as well. I can only see in me what I see in you. Relationships that are based in real love ~ a love that is true, are relationships that are totally and completely free. Freedom is the essence of love. When we love another, we never seek to limit or restrict them in any way whatsoever. Love does not limit, does not own, does not hold in, but expands, lets go, and releases, the grandest part of who all of us are. The purpose of a relationship is to decide what part of yourself you'd like to see "show up", not what part of another you can capture and hold. The purpose of relationships is not to have another who might complete you; but to have another with whom you might share your completeness."

This quote shares with us that another is free from making us whole, we are or they free from being the "other half of us" as we have been told to believe. We are each one of us whole, perfect, complete, and beautiful simply as we are and in that we choose to share our completeness with another in relationship. To give such a gift that pours through us and to see its expression shine the light of love into the world is the reason the Master Artist gives us breath. Just like music is the embodiment of the heart, soul, and physical form of the heartbeat of the Divine making love to itself, so too are we. And in that is freedom. To give such a gift of music is to live and BE what is given in every sense of the word. For one cannot give what one is free from being themselves.

Music is the river of love in which we drink from that infinitely replenishes us in being this living and BEing expression of the Master Artist; giving to our soul first, filling us until our cup runneth over and in that we in turn may give to others being continuously and infinitely replenished with the harmony and melody of life.

One of my favourite philosophical writers Kahlil Gibran wrote *“Love one another, but make not a bond of love. Let it rather be a moving sea between the shores of your souls”* ~KG, *The Prophet*. What Gibran is expressing here is that of love being freedom. Have you ever held on to something so tightly with your hand that when you let go your fingers were stiff and sore? But when you open your hand fully and flex your fingers, the pain is gone. That is what it is like when you let go in love allowing yourself and another to be free. At first it seems painful but the more you open up your heart, the more the amazing flow of the river that is love guides you.

Love equals freedom. When we release, let go, and allow another to simply BE who they are this is loving another into freedom. Being in love is free from meaning attachment. Being in love is simply being in the moment, embracing such a gift of being in love, and loving that person *absolutely*; from the soul as One in heart. Loving freely in the moment, simply being with another ~ no strings, no attachments, no conditions. Just purely loving another in that moment, and giving the gift of love in that moment. And in the next moment giving them the freedom to be, to simply BE. To be free to be with you and to still be free to be on their own to create and bring the wisdom from within their heart to the all to embrace. Just as Gibran speaks of the moving sea between two souls of this love, we understand that when we are in the presence of love, it moves as freely as the sea itself. The sea is free from being bounded, held captive, or in anyway confined. So too are we to be with our loved ones, being free from holding captive another. For we are free from ever owning or possessing another.

Love is awakening to the truth in each moment of replying to the answer of the only question that really matters, which is 'What Would Love Do Now, in this OM, this *One Moment*?' What is the loving response? What does my heart say? What am I feeling guided to do and who am I feeling guided to be in this moment? Love is why we are given life. We are called to be this light of love. It comes from a stripping of all that is not love to come to know and understand what love really is. A stripping of all that we hold dear to us; including the desire for a relationship that is one of possession and attachment, requirements and expectations which are born of the ego.

Love is free from being a chemical connection because they are a 'hunk' or meet the requirements of what society and the lifestyle needs send messages to the brain that this

person is to be desired by me. Love is free from being the 'connection' energetically of wanting to hang out and have sex with this person. Nor is love an emotional release based on the pheromones produced by another that is like an addiction. Love is not the sexy attractants that trigger an emotional connection. Relationships are complex and largely based on triggers based deeply within our beings. These triggers are governed by sexuality, a need for security and 'home', and relating to on a deeper level. Yet, none of this is Love.



What is Love

Love is the breath, the blood, and the very life force human spirit was created to shelter. Love is free from being the lust of what brings pleasure from another. Such relationships have a purpose in growth, but they are free from being love. They are born of illusions. Say not "I love you" in such times of intertwining, but rather "you are filling the need I have at this moment."

Love is free from ever possessing or placing such a sacred love in a box. Love is free from attachments and conditions. Love is to know that the beloved is free as are you. For the beloved is free from ever being 'mine' as a possession, for each of us is a gift of the universe, that has blessed our beings entwined, loving one another freely, infinitely and in that we are simply here to love and be loved. To have our love for one another

overflow into the universe and onto the universe and gives itself back again. And to embrace that love with honour, reverence, humility, and love in return, always.

Love is a bond so strong, so unparalleled, and so precious that allows us to simply BE. To BE who we are free from attachment and yet to come together and co~create such magic. Love is a remembering and embracing *absoulute* love, soulful love. A real REALationship, two souls BEing as OneSoul. Love is a real REALationship with a beloved and with all that is of such love and freedom.

Love is simply to love and be loved. Love is to be free from ever forgetting that the love we share both in sacred union with another and with all, has an ultimate purpose to co~create infinitely BEing the love and light of the world to transform the world. It is the song of our soul that means so much that calls us to BE such a purpose born of this love as we are the light that changes such a world. This vow, is a sacred vow given and received, free from ever being broken, a love sealed within an OM of *One Moment* and the circle of Oneness within it, burned within the heart/soul and adorned upon the physical being. It is a giving all that I Am to you and you to me, to love, the love of the Divine, or as Khalil Gibran called it the Beloved, itself and the love shared in the utmost sacredness between two or more gathered within the Divine's name.

Feeling Good

Have you ever heard someone say in a downtrodden way 'yeah man I'm in love'? When we are in love, with whomever or whatever it is ~ be it our mate, a piece of chocolate cake, or our dog, we are alive and we feel good. We say in joyous jubilation 'Hey man I'm in love!' Love is about feeling good and within feeling good in each moment, recreating the feeling of falling in love again and again, whether it is falling in love with yourself or another or your favourite food.

We create this essence of love over and over again the moment we feel that wave of love washing over us, showering us with its very presence that lights us within creating a feeling of deep profound peace, bliss, and connection. It is the remembering that we are always connected to the Divine Gibran calls as the Beloved. Within romantic relationships, we tend to call this deep falling in love infatuation and that somehow once that is over that the "real love" will begin. What we call as infatuation is actually the falling in love process that if we are to recreate it again and again in our lives with

everything from our romantic relationships to the piece of trash on the street, then just like that chocolate cake you love, all in life, even what we would consider as “bad” becomes a source and blessing of love. We then fall in love with life and one another all over again. That is the “secret” to what love is. This is why we choose to be in love, is because it FEELS good. Feeling good from within us outward, not because another makes us feel good but simply because we choose to be in love and we choose to feel good.

How is this possible you might ask? The answer is Love once more. Love is all inclusive; Love includes all and excludes none. Ego has us exclude one or the other. Love is unconditional. Just like that of the Howard Jones song “What is Love” ~ “I love you whether or not you love me, I love you even if you think I don’t, sometimes I find you doubt my love for you. But I don’t mind, why should I mind”. We tend to think that when someone does or says something we don’t like that we should just write them off and cast them aside. This is not love. Love simply loves. No matter what you do, say, think, or how you act, we simply love you. That is unconditional love in its truest form. We see this with a mother or father that loves their child. This is how we are to love one another, unconditionally.

Remember that love is the key to manifesting all we desire. Anything we perceive as imperfections simply is I AM Perfection. For you are whole, perfect, complete, and beautiful in each moment as am I and in that we are here to simply share our completeness with another in singular love relationship and in all our relationships. Let go into the sea between two or more souls of Love. Love is freedom, Love is inclusive. Love another into freedom in this moment always. All we have is this OM, this **One Moment**. Let the music of love be within your heart always.

A Hidden Danger

There is a hidden danger within spirituality. Some moments when we come to a place of I have all within me, we think then that if we have it all, then we need no one or no thing. This is true. HOWEVER, within our thinking, if we think it too much and forget to FEEL, we then forget the most precious gift of all, which is the human experience that all of us want to be held and loved. Not for need, but rather because love is who we are. Feel it this way, a baby, if it is free from being held and nurtured within the first moments and days after birth, this baby will earthly die. It is our basic human

hardwired instinct to be held, to be loved, to be honoured, to be cherished. We too, at any earthly age are to experience this. If we are free from experiencing this basic humanness, then we will indeed die. Again, this is free from coming from a place of seeking something outside of ourselves, it is simply seeing we are whole, perfect, and complete and then choosing to share this completeness with another.

I have seen one too many people come into spirituality with the notion that because this earthly dimension is an illusion and because we have All That Is of the Master Artist or God/Source/Spirit whatsoever you choose to call this essence say that because they have everything within them as so many spiritual teachers are "teaching" nowadays, that many people shy away from relationships because of this and that people take it to the extreme and forget that to love and be loved again and again is why we are here. Thus what is written above :) Spirituality is wonderful in showing us the path of loving oneself. The hidden danger comes in if we take it to the extreme and be free from having deep personal intimate relationships simply because we feel that we have it all within us. The key is balance.

Now, there is an aspect of what Michael Bernard Beckwith spoke of in his sermon recently, in that you would rather be alone than to be involved in relationships of chatter that are free from being soul fulfilling. The key resides within balance and in understanding that it is soul fulfilling, loving, honouring relationships that nurture us that we are to choose. And to love freely with reckless abandon in that way, loving all, and also having such nurturing relationships. And in case anyone missed the service, I invite you to listen to this <http://www.indigoplatformstv.com/video/1322> as for me, this so resonates with my soul and is who I Am, what I live and BE in each moment. May such be a guiding light for you as well on your spiritual journey through life experience. It is all about balance.

I have also seen the opposite is true as well, where people play this 'I love everyone' vibe and then be free from having intimate relationships. To which I wrote someone this the other day*"Free from being about looking for anything. Special love is free from being difficult at all dearest one. For me, in my journey I have come full circle. I have been where you are with it all to where it is the same love I share with everyone yes indeed. And I am still there no doubt. I have also come to understand a deeper level of this, something that I never thought I would experience before. It is understanding that the special love is free from being that it is exclusive per se, its simply that there is as you wrote it a special soul connection, something unique that we are free from having with others. We still include all in loving all, its just a different form of love. Make sense? And in that, its perfect if one stays or goes, it then becomes that we CHOOSE to be with that special one simply because we choose to, for no other reason.*

Not for obligation, or other earthly relationship reasons, it is because love calls us to be with that special one because love calls us to be in that special soul connection we are free from having with anyone else in choosing to share the whole, perfect, and completeness we already are with another, free from having another complete us for we are already and always whole, perfect, and complete."

Which is why I love Neale Donald Walsch's quote that I quoted earlier in this article because it truly gives the essence of who we really are within relationship. To further expand on this, take for instance Chris (Natu) and I. When people hear of our connection of how we came together and what has occurred between us the last almost four years, people can see that we (he and I) share a very intense very special soul connection as twinsouls and certainly free from being the kind of soul connection that I have with just everybody all the time. And at the same moment, we still love others freely. It's always 'both and' rather than either or. We live in a 'both and' universe that is inclusive of all, rather than exclusive. Love is inclusive.

And this is free from meaning that because a person has a special soul connection with another person that this is somehow special in the sense of one relationship or connection being better than another. No, it is simply that that connection is unique as all connections are unique and we simply choose that unique connection to be in that way (whether it be romantic, friendship, mother/daughter, father/son etc) because it is what we have chosen before we came here to this earth within our soul agreement for such to be.

When we are younger.....we come together in relationship for earthly relationship reasons of having a family or for needs of financial security or an earthly life of that kind. In our older years, we come together in relationship for something much deeper than earthly obligations. Just as Sir Paul McCartney who at the age of sixty~nine, just this past Sunday, (on what would have been John Lennon's 71st birthday), married his fifty~one year old bride, we come together in our older years for something deeper. Love. A deep, spiritual, infinite, eternal love that of which has nothing to do with raising a family or obligations. It is because you see that you are whole, perfect, complete and beautiful as you are and you choose to share that completeness of an expression of deep love with another for no other reason than this. For no other reason than love. I am so very happy for Paul McCartney. He was never the same when Linda his wife of what 30 years died of cancer some years back. They were indeed twinsouls Linda and he, and since she died he has not been the same. They were magic together onstage and off. So I am glad that he has come into such love again with Nancy, even at age sixty~nine. It can happen. And its beautiful. For love. Always for love.

Since I was a little girl I have always said that in matters of the heart and spirit, that age is just a number. Love is what is real. Love, true love, is what matters. As Deepak Chopra says "*Only the heart knows the correct answer. Most people think the heart is mushy and sentimental. But its not. The heart is intuitive; its holistic, its contextual, its relational. It doesn't have a win~lose orientation. It taps into the cosmic computer ~ the field of pure potentiality, pure knowledge, and infinite organizing power ~ and takes everything into account. At times it may not even seem rational, but the heart has a computing ability that is far more accurate and far more precise than anything within the limits of rational thought*" ~Deepak Chopra, *The Seven Spiritual Laws of Success*, page 44.

Love is, the most magical of all religions. Love is All That Is. May your heart be guided by love, and may your songs echo this same heart. Espavo ~Nenari