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*A new year 2012, a new you ~ True Love ~Let it Be*

*by Nenari, Princess of the Sea*

on Monday 26 December 26 2011 at 4:03pm

*When I find myself in times of trouble, Mother Mary comes to me, Speaking words of wisdom, let it be. And in my hour of darkness she is standing right in front of me, Speaking words of wisdom, let it be. Let it be, let it be, let it be, let it be. Whisper words of wisdom, let it be*

*~John Lennon and Sir Paul McCartney, from the song Let it Be by the Beatles*

During this process of union with our twinsouls (as well as manifestation is all relationships and on all creations whatever it be that you desire for your life) there seems to a compulsion if you will. That it just HAS TO be, that we are to be with our twinsoul or that we have to come together or that I have to get this or that. That we have been seeing the signs, we are being the love, doing what the Master Artist has asked of us being guided by love. And yet what it is we desire has yet to come to us we feel. Or we feel we have been waiting SO long for such why isn't it happened yet and such things. We often feel like if what we desire isn't coming to us that we must be doing something wrong or not doing something and we are to do more or we get upset at the person or situation that isn't coming to us or we think is coming to us in a way we are free from wanting and such things. Those of you who are reading this who are going through this or have gone through this know exactly what I am talking about.

Such compulsions while we feel may be helping, it is actually hindering you from getting what you desire so to speak. So what is the answer? Well it is simply to as the Beatles sing Let it Be. Well so how do you be that or do that you may be asking? Such comes from an understanding and really really feeling deep in your heart that what it is that you desire IS already. Most of us think if we are free from seeing it right in front of us well then I don't have it then because if I did my twinsoul would be with me right now or I would have that job or I would have the money and such things. So we stay stuck in this and we feel we have to do something to create it out in the world. When really what our part is is simply to NO MATTER WHAT IS BEING SHOWN TO YOU IN THE OUTER WORLD and NO MATTER IF PEOPLE TELL YOU YOU ARE CRAZY

OR ITS NOT REAL OR YOU CAN'T HAVE IT or all those other things, simply within you consistently BE what it is that you desire. If that is to be with your twinsoul well within your heart and mind and thoughts as One BE with your twinsoul AS IF you already have it, as if it is already happening right now EVEN IF it hasn't shown up yet. That is your part. I explain more on this in my other related articles here at these two links ~

<http://www.facebook.com/notes/nenari-diamondlady/i-am-the-way-busting-the-bubble-of-illusions-the-wayseers-way/10150471010623050>

<http://www.facebook.com/notes/nenari-diamondlady/the-power-of-i-am-using-fear-as-a-tool/10150479631568050>

In the twinsoul relationship especially, this simply letting it go and letting it be can be particularly difficult because we often in our 3D thinking feel we have been without our twinsoul for sooooo long and now that we have found them so to speak all we desire is to be with them and be with them NOW eh! I know this all too well myself as I have experienced this on the journey as well. What I have come to understand is that this compulsion of desiring it so badly while it is all good and beautiful and is meant to be for our growth (or rather for the remembering of our soul of who we are) it also from a duality perspective also keeps us from the very thing we desire which is to be with our twinsoul yes? What it in essence creates is a duality dynamic called the Runner and the Chaser. And I invite you to watch this video on the Runner dynamic

<http://youtu.be/GbRUzp6HNbQ>

To where in essence in some form or another one of the twinsouls becomes the runner (even if your twinsoul is free from being here physically on this earth this will show up in the form of them not yet incarnating as a form of running so to speak) and the other the chaser. We start chasing after what it is we desire (ie our twinsoul or the money or a job or whatever it is we desire) wanting it so badly that it is our action of chasing after it that makes it elusive. And for the runners, they see the chasers coming (your twinsoul, the money, the job, whatever you desire in your life) which is a vibration that is a polar opposite to what it is that they are which they are already Being what it is you desire its just you as the chaser keep chasing it and so the runner well runs :) Why? Because you are free from being in alignment with where they are. Its kinda like a dog who chases its tail eh! Now the tail itself just is, its just the tail and its just being there right? But to the dog who is chasing it, it is unable to see that its just right there and simply is already there with it so it seeks to go round and round in circles trying to catch it and often to no avail right? Now, sometimes that dog will finally catch it and for a moment there is a

brief ah ha! Yes I got it! kind of a feeling but most moments it is only momentary because the dog is so darn tired from going round and round in circles that once it has the thing it wants which is the tail then its too tired to enjoy it and so he just gives up and lets go of the tail in pursuit of something else like say a bone or just lays there in exhaustion and such things.

In essence this is what we do when we constantly doubt the truth of True Love. When we doubt what it is we desire. And then there are others who will come into our life giving us the opposite of what we know is true in our hearts only serving to confirm this doubt within us IF we choose to fall for the illusion and believe it. An example of this can be lets say in our hearts we desire to be with our twinsoul and we are in physical contact with our twinsoul (and/or telepathically as well) and our twinsoul tells us he/she loves us and that you are together with them in every sense of the word and they are with no one else other than you (as twinsoul are always with one another). This is the truth in your heart that you know beyond a shadow of a doubt. Well then you start to think thoughts of well he/she is not in my arms right now or we are not living together or whatnot. Then what happens is there will be others (or even your twinsoul himself/herself) who will come and say No I am not in love with you, we will never be together, you will never be with him, your in fantasy, your in illusion etc. For those of you reading this again you know who you are and you know EXACTLY what I am talking about here and its happening in your life right now right? Or you have experienced such before. And we often think these people that come into our lives are being mean spirited, abusive, or worse. So we end up being like this dog chasing our tail and then we start getting depressed and think oh it will never happen, they are right and I messed everything up and my twinsoul hates me in 3D so we will never be together and such things right? Or for those who desire that couple relationship or that job or whatever they desire they start thinking oh so and so said I will never get that job or the money so it will never happen. We often think that unless it is right now in front of us that it isn't here or it will never happen like its out there somewhere just like the dog chasing its tail eh?

So what to do? What to be? The real gift in all of this is simply just to BE. Again you ask well how do I DO being? How do I let go of the man/woman I love who is my twinsoul or how do I let go of that job I need to have or the money I need to have? By letting go of your compulsion or need to have it and just as the Beatles sing Let it Be. Letting it Be means seeing it as it is already here. AND staying in that vibration of it is already here until you feel SO compelled to take an action that you can be no other than this. Staying in the vibration of it as you float to it, floating into it as it comes to you as

you are floating down stream to it as it is already there waiting at the end of the stream if you will or where the stream turns into the next phase of the path like say the river. What you desire IS already there be it your twinsoul or the money or the job or whatever you desire it is simply for you to believe it then you will see it. There is free from being anything to defend or prove to anyone or anything that what you know is the truth when they attempt to say the opposite. You know the truth in your heart of what is. You just simply know. And in that knowing you simply BE it and then those who are opposing you (which are really the resistance within you being shown to you through the mirror of another) will fade and what you desire will then BE right there as it has been there all along.

Often moments we will become so attached to what it is we are desiring be it our twinsoul and being with them, or the money, or the job or whatever it is that we are desiring that often this clouds bringing to us what we desire. Also non attachment can do this as well. It is when we practice neither attachment nor non attachment, when we practice just BEing that what we desire comes. This being involves allowing whatever is to occur or be free from occurring to simply BE. To be ok with whatever it is that comes in whatever way it comes, all the while in our hearts knowing the truth of what is which is the truth of what it is we desire as if we have it already right now even if it appears otherwise as THAT is how what we desire comes to us or rather we float downstream to it is by these practices here in this channeling as this is how the universe works if you will. If we speak the universe's language then what it is comes to us effortlessly.

Do you remember a moment when you asked for something in a thought just off the cuff so to speak and then all of the sudden almost instantaneously it just came to you? And then you say well if I can do that why can't I with what I REALLY want? Well it is because of your resistance to it. Yes your resistance, not your twinsouls (as some of you are right about now saying well my twinsoul is doing this or that or not doing this or that or its not me is why I can't get a job its because of the economy etc. NO! The universe is free from knowing about economy downturns nor does your twinsoul do this or that deliberately to you. They are just experiencing what they are choosing and the universe is abundant even in moments of supposed economy collapses. Such that you desire, even what you believe is impossible is simply free from coming to you because of you standing in the way of what you desire. When you BE the essences of this wisdom given in this channeling then what you desire will come to you as instantly as that thing you just had a thought of that came so easily.

This is how you BE into it as it were. And also seeing and understanding that those people who are coming into your life giving you the opposite are free from being abusive or mean spirited at all. No actually they are giving you an incredible gift. They are helping you to see that you are delaying what you desire by having the resistance feelings and compulsion mirrored back at you. And your task is actually to be free from seeing such as abusive, rather your task is to see such as a gift for you to get clear about the truth once more and do so quietly being it rather than trying to force something to happen.

We sometimes think or feel that if we just stop that we will somehow lose ground with our twinsouls or somehow stop things from happening. Our fear is that if we let go and just let things be that they will never come to us. Actually what we are doing is losing ground by constantly pushing things and saying it has to be or getting upset when it doesn't happen or believing others when they say that it is not going to happen and all those things. We never lose any ground in coming to what we desire. The only thing that keeps us from it is feeding the fear and listening to those other people rather than listening to what we know is the truth in our heart and the truth that has been given us by the Master Artist in guidance of what already is. This is what is meant by seeing this as already is. Many think it is we are to see what is as in what is in front of us now being shown in our current version of our life we call reality. When in REAL truth seeing what already is means seeing what it is that already is AS IF we already have it and the what is of what is in our heart of the truth. THAT is what will manifest what is. For True Love just IS. It is free from need, it is free from needing to create something or make something happen. It just IS, it just BE's if you will. It just occurs naturally on its own without you trying to make something happen or trying to tell someone over and over it is. It just IS.

This means stop listening to so and so who says you can't have it or it will never happen or whatever they are saying on the outside. It means to acknowledge that that is there of that opposite and then turn within and REMEMBER the truth, the truth of love and the truth of your heart rather than listening to all the outside stuff. Listen to what the truth is. The truth of your heart it there for that reason. And ONLY take an action to that truth IF you feel so compelled to that you can do no other. Otherwise your task is to simply wait and stay in the consistent vibration of what you desire AS IF it already is here. That is all you are to do and be. And then allow the universe to work its magic to bring it to you or to bring you down the stream to it is more like it.

Some moments in our fear and/or our excitement of what we know is coming, we jump the gun if you will and do something or say something or take some sort of an

action before we are meant to and this delays the process of us getting to what we desire which is downstream at the end of the ship ride if you understand. Its kind of like do any of you remember the log rides at amusement parks. We are first so excited (and maybe a bit in fear too) to get on the ride and then when we are on the ride or even before it we are so excited or fearful to get it over with and just get to the end of the ride that we forget to enjoy the ride while we are on the ride knowing that it will end and that we will get what we desire which is to ride the ride right? Well it's the same thing with our life and our twinsouls and coming into union with our twinsouls or with that job we desire or that money or whatever it is we desire for our life.

Often moments it is because we remember the truth and know the truth that this truth can get in the way. Often moments in our fear or excitement of knowing what is coming we open our mouth and say things we know when we are just to shut our mouth so to speak and just allow the universe to take us downstream to where what we desire is waiting for us all the while being excited about it as if it is already here but not jumping the gun and doing something (ie listening to what others say or telling your twinsoul that you two are living together or what have you) to delay it all from being. Be excited yes, release the fears yes, and do so quietly allowing it to be and allowing the universe to bring you to what you desire without your resistance or interference with the process. Our task is to simply continue to be in the vibration of what we desire as if we already have it. Allowing what we know and feel and BE as truth to just simply BE and nothing more free from us having to 'do' anything, just sitting in, BEing in the truth. And in that we allow the universe to do its magic in bringing it to you. Stop interfering with the process thinking you can do it better than the universe eh! :)

Now to that end if you will I share with you eight things, eight gifts of love to guide you on the journey in addition to all that is channeled here. The first is a video from Abraham Hicks that talks beautifully about this and mirrors much of what has channeled through here and that can be found here at this link ~

<http://www.youtube.com/watch?v=mYPK985IQYM> and the second is this article here <http://sacredspaceswa.com/documents/FreeWillDualityTrap.pdf> which also mirrors this channeling here. The third, fourth, fifth, and sixth are three videos about love and attachment and the heart from Mooji which also mirrors the wisdom given here

<http://www.youtube.com/watch?v=pP4w3PkBRyU> on attachment

<http://www.youtube.com/watch?v=mxNACKwl7R0> on love without attachment

<http://www.youtube.com/watch?v=B5zY55KH4vs> wisdom of the heart

<http://www.youtube.com/watch?v=ErruNdPn2iw> Let it Be

The seventh is a beautiful story of True love that in conjunction with this video above, the wisdom within this article above, and the other articles that have channeled through my being may such guide you on your journey in the practice of being this and watching the miracles of your life unfold bringing you all you desire in this new year of 2012 and more.

A TRUE LOVE Story ~ The Story Of Sanat Kumara ~ Training of a Planetary Logos

This is from a one of my favourite books. I read it quite some time ago, but found it again recently and this part jumped out at me. To read this again at this point in my journey, I have a deeper understanding of what True LOVE means: It is from Sanat Kumara, training a planetary logos: Chapter 13 page 104:

Early one morning I awoke and knew on that day I would find my partner. I was excited, knowing that besides assisting this beautiful planet I would find a loving, affirmation of love and unity who would assist my growth and understanding. I was going to find my love! I remember long, long ago being a part of a planet on which I had had many love affairs, but I knew that this purposeful joining would be far beyond any previous experiences. It would literally be an "Adam and Eve" experience to create a new more evolved race for this planet.

Excitedly I went out among the people. They called to me to come to the canal and there floating as I had was the loveliest woman I had ever seen. She was sleeping, her golden hair spread out over her fair, smooth skin. She reminded me of a sleeping princess just waiting for a kiss to awaken her. I said to myself "why not?" and bent over to kiss her. Something inside of me said "use the rod on her first" but I couldn't wait. I needed to kiss her. I kissed her softly on the lips. She moved a little but still didn't wake up. Again I kissed her and then placed the rod upon her shoulder. She awakened suddenly, pulling away from me saying "who are you and what are you doing to me?"

I realized this was not the woman I was seeking, or at least the rod did not indicate she was. I was very confused. This was the woman I loved I was not going to give her UP. I realized that my emotions already had need of her even if she was not the "Eve" I was seeking. I gently spoke to her. "Don't be afraid. No one will harm you. Why have you come here? She looked at me and burst into tears saying "I lost everyone in the

plague. I jumped into the water to end my life and found myself carried by the current. I don't remember anything else".

I gathered her in my arms saying, "I'll take care of you, don't worry". I sought to calm her fears. I took her to my building, attempting to take her through the golden door, but it wouldn't open with her in my arms. I set her down gently, telling her I would be right back. I entered through the door into the laboratory, put on the Trainer and asked it if this was the woman. It told me "No, she is not the one and you must let her go. You can't be with her without confusing your purpose". I tore the Trainer off my head and rushed back through the door, crying out, "I don't care! I love her! I will have her! I will! I will!"

As I gathered her into my arms the golden door disappeared and in its place was a small cabin made out of logs. I brought her into the cabin gently placing her on the bed which was inside. As I looked at her I knew I loved her more than I had ever loved before. I gazed at her beauty stroking her gently. She seemed also to want my love, responding to my advances. I explored her body appreciating every beautiful curve, the softness of her exciting me more and more. Throughout that day we whispered our love to each other, over and over exploring each other's bodies, seemingly never getting enough, always needing more of each other. Finally, thoroughly exhausted we fell asleep. I slept deeply until a dream awakened me.

I dreamt I was falling down a well going down, down, down! It was getting darker and darker! Above me I heard the call, "come back, come back!" I kept trying to climb up the walls but it was too steep and I just kept falling down deeper. I awoke shivering. I was alone. Where had she gone? I looked around and could not find her. Also I was puzzled. We had gone to sleep within the little cabin, but I had awakened to find myself just outside the golden door. What had happened?

Quickly, I went outside and asked where she had gone. Everyone seemed puzzled by the question, saying they had not seen anyone. I was very confused and searched for her all day. Finally, I again entered the laboratory, put on the Trainer and asked "where is she"? I was told, "She is gone. She was an illusion, a part of your past. She was never real. This illusion needed to be released in order for you to fulfill your purpose on this planet. You must now release her in order to serve the Plan". I asked "what is wrong with having the one I love?" The Trainer replied "nothing. It was the way you loved her. It was from the will level, your passion and your need for her really had nothing to do with True LOVE. Do you recognize that?" I was very angry, tearing the Trainer off my head and running out of the building. I would have her! I would! No one could

keep me from her! I ran and ran. I ran and ran. I ran and ran until I could run no more. I lay on the ground completely exhausted, completely word out.

I lay there for a long time and gradually I realized what I had done. I had literally re-entered the land of "need" and will, the land where I had felt I must have this or that to complete my life. I remember long ago on the physical level when my needs and wants had literally controlled me. Although sometimes life had been wonderful, often I had found myself going in directions which confused and confined me. I had gradually learned not to "need" but to be directed by a realization of wholeness from within me. I had learned to love on a greater level and this loving guidance had allowed me to grow more and more aware of my potential and feel more and more complete within that greater level of understanding. Indeed, the understanding that everyone mirrors wholeness to everyone else had been one of my greatest realizations!

All at once I knew I must let go of the need, I must let go of my need of her! As this point of awareness flooded through me again, I felt warmth within my heart which had truly been cut off by my "need". I felt whole, I knew I was complete.

Suddenly I heard the sound of gentle laughter and looked up. She stood before me, even more radiant than before. I heard the words, "touch me with your rod". I did and a golden flash came from it, literally exploding the golden light in every direction. "She looked at me saying, "I just arrived. I know you used a part of me before. You have been told it was an illusion. It was an illusion because it was not complete. Let me now show you what complete love is". She led me back to the golden door. Gently she opened it and led me inside. We took our places together which had been prepared for us within the Plan. As we came together with our love, I felt unity and wholes which spoke to me through the love we shared with each other. I whispered to her "forgive me. I needed you so much".

She comforted me saying "sometimes through our love and our commitments a new level is born. It can only be born by releasing all old illusion or incomplete levels of understanding. Although you have integrated yourself this old remnant of need and want, this compulsion had to be released for you to fulfill your greater purpose as a planetary logos. Is it not wonderful that we were able to release it together? We have come together to aid this planet, to create a new beginning for it and a greater understand through our being together.

And the eighth and last gift is from my beloved twinsoul Natu within his song called All I Am which can be seen here at <http://www.youtube.com/watch?v=cwzinBbOx3s> Of which the video description reads this to guide you on your journey "*Song of the*

*Troubadour (and this song All I Am) on the deeper level is not just about love as couples. Both Princess and Troubadour are archetypes of the spiritual journey to awakening. They are Christ consciousness within everyone. The Troubadour wrote these words 'Love is witnessing the very Master Artist expressing all within time and space proclaiming what real love is. If a man and woman are to join in the sacredness of why she is the melody and he the harmony of this song, only then shall real love be exchanged. The Master Artist has given its all for such lovers to entwine. Think it not strange why Song of the Troubadour has been born. My role is not to hang on a cross. Yet, if I am to honestly pray that 'Thy will be done', is it not fair that I also go on such journeys of the heart? If you are to marry, let it be because such Master Artist has given the song of your heart to be the perfect harmony of what his being proclaims.' This is what this song All I Am means. It is the place that is beyond our sights within infinity where love is sure and pure where nothing nor no one can divide and in that sacred union of divine Christ consciousness love we give All I Am to one another within sacred hearts entwining. Any man can live or die for you, it is the man who gives all he is to you, every part and nuance of himself in such real, raw, vulnerable and from the heartness from this love beyond infinity that is the man with the heart of gold. The Troubadour is such a man.*

*The beauty of both Song of the Troubadour (and of this song All I Am) and of life is that we experience all of those layers as this is why we are here. And the other beauty is coming to an understanding that we are really free from being on any journey to awakening at all. We already are awakened, we already are. Just as the Troubadour and the Princess' love already is. The Christ consciousness within everyone and also the divine union of such Christ consciousness in such divine love of the Troubadour and the Princess. The Troubadour and the Princess being archetypes of the spiritual journey represent the journey of awakening within the mind aspect. The Troubadour being the left side of the mind and the Princess being the right. The journey of awakening is that we within our mind somehow feel we are on a journey to awakening. While it is within the heart that already and always knows that we are already and always awake therefore there really is no journey other than the one we choose while we are here to bring into union the heart and the mind. Heart is free from having to remember, it just is it already and always in all ways knows and remembers. The mind is to do the work if you will of remembering (or the journey of awakening) so as to be the bridge to the heart that already knows and thus bring into union the mind and the heart as One. It is within this union of the Troubadour and Princess as One both as a couple and also in divine love Christ consciousness and also the union of the heart and the mind as One that brings about the true gift which is love itself which is who the Master Artist is, love itself."*

Much as a flower is simply BEing that of what it desires to be, so too are you being asked to be it. You say you want such experiences for your life, to have such that you want is to come from a place of passionate desire rather than want. Want only produces

more want. I know this all too well as I have experienced it. Come from desire, a passionate desire of simply BEing that of what you desire. BE it and it is yours, for it already and always is yours to begin with. BE one with what you desire, listen to your heart and allow it to guide you from that BEing within the steps of doing. And that being and doing will spring up within you a passion so strong that you cannot help but do what you feel called to. Much like the Troubadour feel so deeply called to come to the Princess in Song of the Troubadour (and also Song of the Princess which is my third book which is the mirrored companion book to Song of the Troubadour) it is that same calling. To simply want what you want is not enough. You are to BE it and passionately desire it so strongly that you are called forth from that being into doing action. You will then know what to do and you will do so with reckless abandon passion much like when song pours forth from an artist in which you cannot stop it even if you wanted to.

Be free from giving up on your dream, just be smart about it. In other words, vision what it is your desire, see it as if you already have it, that it is in your experience. So say if you desire to be living together with your twinsoul say, feel, experience and have the consistent vibration of I Am happily living together with my twinsoul in love. And keep that vibration in your utmost thoughts and heartspace no matter what is being shown in the outer world AND then go about your life as if it is already done rather than in a longing for it. Keep yourself busy with other things in your life such as living your life purpose and things you enjoy and when the thoughts of living with your twinsoul come to you be happy about that you are living together staying in that place and then go about your life in that space in a quiet way without saying it, just be it. And watch it come to you. All this channeled to you here is how we shift from the duality/polarity hamster wheel of 3D and into true love and oneness of just BEing. A new year, a new you. Which is really just you free from being new anything, just simply BEing as you are. New Year's is simply an earthly construct for us to rather than birth again and again to come through that and into just BEing. In 3D duality there is birth/death, there is creation/destruction, this and that, up and down and such things. In the multidimensional BEing we are, we truly ARE, we just ARE and all just IS and therefore we just BE. May such words of wisdom here be as Lennon and McCartney sing of the whisper from Mother Mary (or the Master Artist/God/Source/Spirit/All That Is whatsoever you choose to call such) to your heart on the journey bringing you ever into love again and again as this is who you are. BE love Now. Simply Be. Let it Be. Espavo ~Nenari