

Back to <http://natunenari.net/prose.html> (click on the link)

Creating Love and Light, Peace and Joy ON Purpose

by OneSoul Relationships on Wednesday, January 7, 2009 at 4:52pm

To know is to understand. To understand is to know with that inner knowing, that inner understanding, that inner being of your very heart and soul the truth of love. Love's truth comes to and through us from the very Master Artist we know as Spirit, the Universal Source of All That Is, who gives all for such truth to be given. Love's truth comes to and through us within the inner knowing that is free from all doubt, free from all fear, for it just is. We just know, we just understand. It is as the moment when you fall in love or of the love a mother or father has for their child....you are free from having to question it, or doubt it, you just know because you just do as the truth of Love courses through your veins, the veins of All That Is manifest within such truth. It is a thought energy of feeling and BEing that flows from the very infinity of God through you. Thought's energy comes in the form of such a knowing and understanding. To know, to understand, and to pour thought's energies into such a truth of the heart is to know, understand, feel, and be One with God.

Each of us has a soul life purpose. Part of that purpose is to create Love and Light, Peace and Joy. How do we know that this is showing up in our lives? These eight essences will show a path of that inner knowing, that inner understanding.

~ You will know that you are Creating Love and Light, Peace and Joy ON purpose when.... you feel guided to take your focus off the external world. Purposeful Creators know who we are, and that we are, at all moments, creating our NOW, our OM, our One Moment. Some of us are doing this creating 'Purposefully' while others, by getting caught up in the swirl of events that surround us, are doing this creation 'by default'.

Which do you choose: to create Purposefully or by default?

~ You will know that you are Creating Love and Light, Peace and Joy ON purpose when.... in REAL soulful relationships with others, you strive to bring the focus to areas of harmony and melody, love and agreement in each OM, each One Moment, instead of conflict and discord. Purposeful Creators appreciate that what we resist, persists, and therefore make thoughtful determinations of where attention is to be placed.

Which relationships in your life could benefit from BEing soulful and focusing on areas of harmony and melody, love and agreement in each OM, each One Moment?

~ You will know that you are Creating Love and Light, Peace and Joy ON purpose when.... you let go of the idea that you can only feel Love and Light, peace and joy when everything around you is going a certain way and instead, recognize that you have the power within you to choose to experience this Love and Light, Peace and Joy in each moment. For the universe will often give us the opposite so that we can be clear on and reaffirm who we are and what we desire in our life.

Can you choose to create Love and Light, Peace and Joy right this very moment and in the next and the next by simply choosing to BE this Love and Light, Peace and Joy even in the midst of the opposite around you?

~ You will know that you are Creating Love and Light, Peace and Joy ON purpose when.... you notice that, when someone 'pushes your buttons', instead of expending your energy trying to get the other person to change, you search inside yourself and ask, 'what has occurred within me that led me to react that way to you?' Whenever we feel an e~motion (anger, resentment, jealousy, fear, depression, desire for vengeance, grief) this simply means that someone has activated the energy~in~motion for us to simply choose to heal and shift this into the Love and Light, Peace and Joy we already and always are.

The next time you find that your 'e~motion buttons' have been pushed, where will you focus your attention ~ inward or outward? Will you choose to see it as a way to shift or a way to delve down the rabbit hole? Which will bring you to the Love and Light, Peace and Joy you already and always are?

~ You will know that you are Creating Love and Light, Peace and Joy ON purpose when.... you find yourself uninterested by anti-war demonstrations and the notion of judging and condemning the players in a dispute. Purposeful Creators understand that we are free from ever being engaged in a battle and be a source for peace at the same moment. Mother Theresa said this best when she said she would be free from ever participating in an anti-war rally, that she will be there always for a rally for peace.

Where are you investing your energy ~ in a battle against war or in a commitment to Love and Light, Peace and Joy? Do you present your soul in physicality within this commitment in each moment?

~ You will know that you are Creating Love and Light, Peace and Joy ON purpose when.... you find your soul focusing on what you are wanting instead of what you are not wanting. Purposeful Creators recognize that what we focus on expands and they give careful thought and energy as to what they want to have expand in their lives.

What in the world would you like to see expand?

~ You will know that you are Creating Love and Light, Peace and Joy ON purpose when.... instead of praying for an outside force to bring this Love and Light, Peace and Joy to others, you commit to BEing one who radiates this Love and Light, Peace and Joy from within always, in all ways. To BE an Ambassador of Love and Light.

Are you ready to BE the Love and Light, Peace and Joy you ARE?

~ You will know that you are Creating Love and Light, Peace and Joy ON purpose when... you feel guided to BE this Love and Light, Peace and Joy in each OM, each One Moment. The question is always in each OM, each One Moment ~ What would love do now?

In this moment say, feel, express, and experience from deep within your heart, deep within your soul ~

<http://youtu.be/mcQl13zILTU>

I will be what Love would be

I will do what Love would do

I will speak what Love would speak

I will move as Love moves

And in the times

When I'm not sure

Just what I'm supposed to do

And in the times it is so hard

To figure it all out

It is then I will simply ask

What Would Love do now?

I will see as Love sees

I will share what Love shares

I will give what Love gives

And touch what Love will touch

And in the times

I'm not sure

Just what I'm supposed to do

In the times it is so hard

To figure it all out

Then I will simply ask

What Would Love do now?

I will think the thoughts that Love thinks

And rest where Love rests

I will hold what Love holds

Let go of what Love would let go of

Love would take

all the hurt and the darkness there is

Love would take

The pain of everyone who lives

Let's just do what love would do

Just ask....

What would Love do now?

(music and lyrics for 'What Would Love Do Now?' by Chris Madsen)

Infinite Love and Light~

Natu (Chris) and Nenari

OneSoul

Ambassadors of Love and Light