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Commitment in Twinsoul Relationships and in All Relationships
By Nenari, Princess of the Sea

There is a big 'C' word out there. It is called commitment. And there are so many who come to me who are in relationships (either with their twinsouls or soulmates and such) who are confused when they are committed to the relationship and the other one is not. Or they feel they are the one giving all the time and the other one in the relationship seems to be taking all the time and then we get this illusion of we feel we are a doormat.

Our confusion in a relationship where there is unrequited love or non~commitment from one of the partners in the relationship can be coming from one of two places and in some cases both places. There is the aspect of if we are free from loving ourselves. When we are free from loving ourselves, if we are lashing out at another, it is because we are then seeing the mirror of another's behaviour of how we feel about ourselves being shown through the behaviour of another.

Or if that person is free from returning love to you, it may be because we are free from totally loving ourselves in some way. What we see in our outer world around us in our relationships is the result of our projection of our feelings and thoughts about ourselves. And what is occurring within the outer world of wars, political things, environmental things, and such is a reflection of what we as a collective consciousness feel and think of ourselves collectively. If we desire to change our outer world, whether it be within our personal relationships or the collective consciousness, we are to change our feelings and thoughts. And to change those feelings and thoughts to ones of love and then to BE this love and give this love in each moment.

Many say that they do love themselves and that somehow it is their partner who is to change so that they can be happy. If only he/she would change then I would feel better. This is an earthly type of needy relationship. Of looking outside of oneself for happiness.

You say you do love yourself. Well, if this is the case, then you would be free from lashing out at another who is doing all he/she is for you. A person who truly loves themselves loves everyone and everything, including even if someone is appearing to be nasty or hurtful. Because even being nasty, the underlying basis of it is love. Everything is love, love is everywhere and within everyone and everything, quite simply. We love the hat, we love chocolate, we love this we love that. Yes that word is a derivative of being fond of something. But love being the essence, being the life, being the light, being the truth, being what the Master Artist is, in everyone and everything all the time, that is Love with a Capital L which is called Agape Love or unconditional Love or *absoulute*, soulful love as I write of within my second book published almost six years ago now called *Stepping Into Spiritual Oneness*. And that *absoulute* love is the quality that under girds everything. It is truly all that is.

Every act of every human being ever no matter how challenging, difficult, or ugly it may have been, was underneath it, UNDERNEATH it is a call for love and is love itself. One can ask then, if all is love why are there people like Hitler? How could such a person do such a thing as he did? To me, in my experience, I am free from believing that there is any such thing as a bad person. This of Hitler was an innocent, an energetic, a loving presence who came forth who used his gifts and talents in a place of ignorance, of being unawakened. And he did so for a purpose, it was his soul agreement to do and be so. Why? Because he may have touched many people's lives and hurt them and his followers may have as well, but there is one little girl who wrote a diary (the diary of Anne Frank), and she, she touched and changed billions and billions of lives with love because of what occurred that would have NEVER occurred had Hilter not done what he did. THAT is love at the core of everything regardless of what it may seem to be in this moment.

Can we see then that it is when we are or another is appearing to be unloving, that really it is love itself being expressed in another form. And that when such is occurring of a lashing out that it means that this person (and in essence you as well in some form or way) are free from truly loving yourself and in that you (or another) lashing out is that the hurt little girl or boy who just wants to love and be loved and at the same moment you see all the bad in that person (or they in you) is really the bad you see in yourself.

If a person is free from making a commitment to you in a relationship, it is because frankly and please understand I mean no offense to you who are reading this when I say this, it simply means right now that you have given that person nothing to want to commit to. If you cannot even appreciate you totally and completely AND the one you love, loving you both for all you are individually and to one another, then see it from that person's point of view, why would he/she want to commit to someone who is free from even appreciating themselves and them for all you are as an individual and together?

It is in such moments that we are being asked to STOP. Stop focusing on the bad in that person which in essence is you seeing the bad in you. And instead reach for love. Instead of seeing the bad in another (or you), see and appreciate the beauty in him (her and you). Look past his/her perceived nasty comments to you or unloving actions and see and appreciate how much this person is loving you in what he/she brings into your life. Maybe they are taking care of you and loving you by cooking for you, shopping, and such things.

So LOVE you and LOVE the man/woman you love. Appreciate you both for the gifts you are. When we can come to a place of appreciation and love for the gift this person or ourselves are to us in our lives, something magical changes within us, and within that our outer world then changes, our relationships change. As you continue to love you, and love the one you love, then he will love you and all will love you in an infinite circle.

A man (or a woman) who is afraid to commit and to come from his heart is a man who has been shown by the world that he has no reason to commit to something when

it is going to be nothing but trouble and grief and strife. IF you are willing to continue the relationship and understand him a bit better and understand yourself better, and if you are desiring to soulfully remember (or as we call it earthly learn) a new way to love then you can make it work. If you so want the relationship to work, then it is going to require something of you that is going to take everything within you to be and do. Which is why I invite you to read these two articles, one that I have written called *Balance in Twinsoul Relationships* and also *The Most Magical Religion of All* to assist you in guiding you on the journey. Because if you want your relationships to work, it is going to require you to love. And love and love. And keep loving yourself and the one who you hold as your object of your attention and affection in being in love with. Because if he/she was never loved by his/her mum and even if you see that he/she is using it as an excuse in their own life, the ONLY way to heal this is to love him and love you and keep loving him and you. To do what it is that he feels his mum never did and what you may have never received as a child either. You are to love him and yourself, so totally, so completely that it will heal all of those wounds within you both.

What this means is when you are loving another, is that you are to get past this feeling of feeling like a doormat. You aren't. We are free from being a victim. Victim consciousness has us see ourselves as a doormat. When we step into being a creator, we are choosing our experience. You are then choosing to love him through it which in essence is loving you. That is a choice not being a doormat. It means that even when he/she is (excuse the French here lol) acting like an ass and lashes out at you, you come back to him/her in love. And you keep doing so again and again as I write about in both articles that I mention above.

I know this ALL too well with my twinsoul as that is what has been occurring between us (Natu and I) these last almost 4 years as well. (He is 57 almost 58) and as so many of us souls on this earth, is similar in that there are moments he has treated me with little regard and been quite hurtful from an earthly perspective. I have had to come to understand and learn two things. One is that there were certain things he was doing in which I was not loving myself and therefore once I brought love to myself in those areas, such dissipated. For the rest of it, I have come to understand that it is NOT me he is mistreating, that it is that he is simply enacting the lack of love he has for himself because of his old wounds.

So whenever he has been hurtful to me to love and honour both myself and him, I come back and say 'you are wonderful' or 'you are amazing', or 'I love you', or 'I honour you' or 'thank you for the beautiful man you are, I appreciate you'. And EVERYTIME he would lash out at me, this is my response. And it melts him and

defuses the lashing out and brings love into the moment for us both. Why? Because at the heart of it all our men, our twinsouls, all of us, are just a scared little boy or girl wanting so desperately to love and be loved (and I have a quote about this in the article I wrote on Gabriella's website so I invite you to read it) and we will as that little boy or girl just as a child does, will test that love that we are for another, much like a child tests his mother yes? My children did such when they were small.

Our task is to love them all the same. Instead of us lashing out back at them which only makes things worse, we are to bite our tongue and give love again and again no matter what. We may say we are free from liking the behaviour that they (or we are exhibiting to ourselves in the moment through our loved one) and all the same, we are to give love and respond lovingly in each moment.

This does not mean we are being a doormat at all. It means that we understand what I just wrote which is that they are not really lashing out at us, they are that scared little boy (or girl) wanting to be loved. And it is through us loving them again and again that it will heal it for all and makes us all more loving. As you repeatedly do this and show him/her that you love him/her, he/she will come to trust you more and love you more and be willing to make the commitment because he/she will see and you will show him/her that you are NOT like his/her mother was not loving him/her or like the other women (or men) in his/her life that have not loved him/her. Show him/her this love that he/she feels they have never had before and he/she will melt into love itself. As you are being this and doing this, you are doing so from the whole, perfect, complete loving god/goddess you are loving yourself first and then sharing your completeness with him/her in loving him/her. As you love you, you love him/her, all will be healed. As song that Michael Beckwith's Agape Centre sings is this

I love myself so much
that I can love you so much
that you can love you so much
that you can start loving me

Indeed. This song is so. I know it can appear in our earthly human experience to be hard to love when another does such things that we perceive as hurtful. Again as I wrote above, I have come to understand that Natu's lashing out is not at me, but rather at all the unhealed aspects within him of feeling unloved (and also that part of me in which I was free from loving myself as well) and this has helped me in moments when

it appears to be hurtful to know it is free from being me he is lashing out at per se and for the most part I activate rule 6 a lot (when you read the article I mention above on balance, you will understand more about rule 6). Still, we are after all having a human experience and in such moments there are moments when such still does hurt no matter how much you try to use rule 6. It is in those moments that I look to see what is it within me that is being asked to be healed and come into love with and then it shifts into love once more. It is what keeps me going. And as I wrote in that other article on Balance, I keep loving. Even in moments when you feel you can longer love. It is in those moments you are to love yet again, and again. For to love and be loved again and again IS why we are here.

It really comes from the art of surrender. Surrendering again and again into love itself. Surrendering into loving yourself and loving another (your twinsoul or whomever you are in relationship with whether it be romantic or any relationship). The first rule if you will in life is that of I know nothing. And the second is that I know not even that. This is a true surrender, when you allow whatever is meant to be in the moment. John Lennon sings of this in his song Beautiful Boy when he sings "*Life is what happens to you while you're busy making other plans*". Letting go of the plans so that the flow can bring us to where we are meant to be in the moment.

Surrender is surrendering to what already is in this moment. We are surrendering to the truth that is in the moment and that is evident in that moment and in all things. Often moments we feel that surrender is a raising of the white flag in which we say 'I give up, you win, I lose' kind of a thing. No, rather surrender is I no longer can nor want to figure it out. Show me, guide me, uplift me, I'm Here, I surrender. Show me the path that I am meant to embark upon, I don't know, show me, I am willing to embrace anything of whatever is meant to be, I am open to receive, show me the way.

Letting go is not being right or wrong, nor is what you are surrendering to right or wrong, nor do you or anyone win or lose. It just means that in this moment this is what is. It is free from meaning that that this truth that you are surrendering to in the moment is the truth forever and that it will stay that way, it just means in this moment that is what is true and that you accept that now in this moment. And then within accepting that of what is in the moment, the next moment will bring you something else and in the next moment something else.

Surrender is a following of Love's voice within What Would Love Do Now? Of when we receive a vision from the Master Artist, that we are free from always being shown the how of it as we are free from being meant to know the how, we are to simply have

faith in the vision given and allow the universe to work its magic as to the how and the when the vision you are given is to occur. It is a having faith in that the universe always provides. As one of my favourite author's Richard Bach says in his book *Illusions*, "*You are never given a dream without also being given the power to make it true. You may have to work for it, however*" And our work if you will, or our task is to have faith in the vision, having faith regardless of the seas or seasons in which there may be moments of rough seas. It is our task to be faithful to that which is love, being faithful to that vision given. And it is the universe's task to take care of the how and when. And it will do so, in thy will be done of the universe's timing and flow rather than our flow.

It's a deep surrender in our relationships in which we can have a deep connection with another in this moment freely and deeply from the heart, free from going into the mind of what does this mean or it needs to mean something, just being in the moment of love and allowing the deep connection in whatever occurs in that moment. Such is very freeing and is the way relationships are meant to be is this loving freedom in the moment. Being such allows us to be fully present right now here in the moment and experience all that this OM, this One Moment really has for us. If we are so into the mind of trying to figure it all out, then we miss out on the heart of the matter of what this moment has for us within a heart to heart, soul to soulful moment.

It is an understanding that you are whole, perfect, complete, and beautiful simply as you are. And really accepting and loving yourself and others, accepting and loving others for who you are and who they are right here, right now, in this moment. There is NOthing you are needing to do, you just are whole, perfect, complete, and beautiful, just as you are right now in this moment. In that there is Oneness. In that is where true unconditional love (or agape love or abSOULute love) resides. And coming to understand that you are free from needing the car or the house or the job or the dress or the money to make you happy or that if so and so would just love me (or be loving to me instead of hurtful) that I will be happy.

Can you in this moment right now, be happy for no reason at all? Can you be beautiful, whole, perfect, and complete right now in this moment, even if you are free from having that car or that dress or that lover, because THIS is who you are, this is your true nature which is that you are whole, perfect, complete, and beautiful simply as you are right now in this moment. Be free from seeking outside of you for that love, BE within for that love and know that you already and always, in all ways, ARE this love and then you share that completeness with another in relationship. That's what a soulful relationship is and is a totally different place then coming from an earthly relationship in which needs are being met of that I need someone to make me feel

whole and complete or I need so and so to love me in order for me to be happy. You place your happiness within you, within your hands, taking responsibility (or the ability to respond) for this love and being this love in your hands, rather than seeking outside of you for someone to give such to you.

“Just love everybody that interacts with you no matter how personally, or how peripherally, involved with you they are. The efficiency of the people who deal with you... everything is orchestrated by the manager called Law of Attraction. And your vibration is setting all of it into motion. Everything affecting you is a reflection of the vibration that you are emitting. Spend more time focused upon your dream than upon the reality. The reality gives birth to the dream; but the dream is where you are wanting to put your attention” ~Abraham Hicks, excerpted from the workshop in Houston, TX on Saturday, 13 January 2001 # 228

This quote here, along with this video <http://www.youtube.com/watch?v=8jQoenD7jCM> and all I have written here and in the two articles above I feel are the key to any relationship. And to encapsulate it all, I recently had a woman come to me for mentoring, who is the direct mirror of so much of who I used to be and am no longer. And I can see so much in my life of where I was and how far I have come. And within that, I desire to share with you (in part) the letter I wrote to her, that may such guide you within your journey as well ~

“.....the original wisdom given you of coming to really love yourself is what is needed and also of what is within the video I sent you today in your relationship with G~~~~. Master those two things and you will see a major shift as was guided to you within the first initial messages I wrote you of what came through from the Master Artist. If you leave G~~~~ and move on to another relationship you will simply keep repeating the same pattern over and over again with another person until you come to truly love yourself. Anything that you are projecting out there that is G~~~~ that he is being nasty and such, is really a reflection of how you feel about yourself deep down that you have not healed.

You have gone through so many things already within soul retrieval, seasalt, past life regression, read all the authors I have mentioned and many other things you have told me about and you say they have not worked. The guidance I am receiving from the Master Artist is that the reason why they have not worked is because you have yet to choose to love yourself totally completely and unconditionally and you project outside of yourself saying it is all G~~~~ and his issues. Yes G~~~~ does indeed have his own issues no doubt. However, as was given to you in my first initial letters to you, you are to focus on you and loving you and also loving him, loving both of you unconditionally and then things will shift. I have seen it in my own life work for as I have loved myself and my twinsoul, things have miraculously shifted as well.

*The wisdom from the Master Artist (Spirit) says you say you do love yourself. Well if you did dearest one, then you would not be projecting outside of yourself using the withdrawal (*from prescription drugs) as the crutch you are within being in victim consciousness as you are. I know what this is like as years ago I did such. It was through loving myself that I have now shifted that. I would invite you to write loving letters saying how much you love and appreciate you to yourself everyday, listing all of the things you love about you and become your own mother loving yourself as a mother would love a child. This too is what I have done as well as I am no longer in contact with my family and I have become my own mother and father giving myself nurturing and love as my parents were to. I also invite you to write loving letters every day to G~~~~ telling him how much you love and appreciate him and everything about him you love and appreciate. Show yourself with love letters constantly and shower him with love letters constantly. As you love you I mean REALLY in your heart love you (rather than just saying I mean really feeling in your heart until you are in tears of love and joy in each moment at how much you love you) and love him, then your life will shift just like the wisdom I have given you in all my letters to you already, the articles I sent you, and also the video I sent you today reflects as well.*

I feel at this point that I have gone as far as I can with you in the journey until you are ready to make a true commitment (monetarily and spiritually) to making the shifts that need to be made in your life. I feel that in you going to Gabriella now that you will continue to go seeking others like Gabriella and myself giving \$5 here and there to many of us as this is a pattern of you seeking outside of you for love rather than healing from within you. I have given you the wisdom to change your life already. Far more than the \$5 you have given. Only YOU can choose to love yourself wholly and completely, seeing yourself as whole, perfect, and complete simply as you are. I can give you the wisdom all day long. It is you who is to choose this for you though. And in that loving you unconditionally and loving G~~~~ unconditionally then you will see your life change.

If and when you are ready to be able to offer a monetary exchange with me for further sessions at my current hourly rate and make a total commitment to changing your life, I would be more than happy to continue to work with you. At this point this is what I am being guided to tell you free from judgment and in love totally for you in honouring and loving myself and you as well. I do believe in faire energy exchanges and right now you have many beautiful gifts you have to offer to the world indeed and all of those gifts you are I am also so I feel that at this point the only energy exchange that you can offer would be monetary.

Remember that you are beautiful beyond imagine and you are free from needing to use the withdrawal as a crutch to get others to love you or to stop you from giving your gifts to the world. I myself have been diagnosed with 3 terminal illnesses and I am currently out of remission and yet I am still giving mentoring and helping many. I do not allow my dieing to

stop me from being who I am and giving my gifts to the world. I love myself enough to get up every day and make my own food and grocery shoppe for myself even when my heart condition is giving me problems or my health is not good. I invite you to love yourself enough to be and do the same. You are a beautiful soul A~~~~ and you deserve love and to be loved. And that love is to come from within first. I wish you well on your journey and when you are ready to make a serious commitment to changing your life and a monetary exchange for sessions with me, I will be more than happy to continue with you. Until then. Much love always ~Nenari"

May your heart be guided by love, and may your songs echo this same heart ~Nenari