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BEing in a Place of Bliss Always, in All Ways
Nenari, Princess of the Sea

Conflict cannot survive without your participation ~Wayne Dyer

I was just recently asked how is it that I keep in a place of bliss in each moment? Well perhaps we all have had moments when life is free from being completely blissful. And all the same what I have come to understand is that by coming from this place here of what is written below that my life is blissful and many beautiful things occur as a outpouring of what is occurring within me. Here below is what I answered. May such guide you on your journey ~

How do I keep in that place of bliss can I explain? Indeed I can. The key I have found for me is to be free from arguing with life and to change my seeing into what I call right seeing. Neale Donald Walsch says it best about being free from arguing with life this way ~

The best argument you can make is no argument at all. Do not argue with life, or with anyone in life. Life presents itself perfectly in every moment, and every person believe his or her point of view to be valid and 'right.' ~Neale Donald Walsch

Reaction is a sign of insecurity. In other words to mean that when you are in that place of total inner knowing about something, it is your reacting the opposite of this when life comes at you with that opposite that shows you are insecure with that inner knowing. The key is to continue to practice being unphased by whatever life throws at you regardless of circumstances and situations to be in that place of inner knowing. And you practice it continuously until it comes to the point where it is second nature to you, it just IS and then there is no practice. Practice is only something for the mind to do to get out of the way, while the heart and the soul already knows, is already in that inner knowing. As Lao Tzu says '*Those who speak don't know and those who know don't speak*'. To mean that when you are in that place of insecurity, you speak and you speak all the time about it and are doubting eh. When you are in that inner knowing you don't speak, you just know.

Hope implies that you have doubt that it will occur. When you come into an inner knowing you know it IS. It is like the love a mother has for her child, she doesn't question it or doubt it she just knows, she just loves her child intuitively and in all ways it just IS. The more you can be in this place of knowing truly in your heart of and of what is written here as well, that is when what you desire comes to you effortlessly in the divine timing that is meant to. Just like a flower growing, you cannot rush such. All in Divine timing. Thy will be done, not our will be done.

Verse 22 of the Tao te Ching echoes this of being free from arguing with life within this ~

Yield and overcome;

Bend and be straight;

Empty and be full;

Wear out and be new;

Have little and gain;

Have much and be confused.

Therefore the wise embrace the one

And set an example to all.

Not putting on a display,

They shine forth.

Not justifying themselves,

They are distinguished.

Not boasting,

They receive recognition.

Not bragging,

They never falter.

They do not quarrel,

So no one quarrels with them.

Therefore the ancients say, "Yield and overcome."

Is that an empty saying?

Be really whole,

And all things will come to you

This added to this recently of truly understanding what was said by Michael Beckwith in Wednesday evening service solidified it for me and is why I wrote this on my facebook wall about it and included the link for the service ~

All in divine timing. All occurs in Divine timing, no need to coerce anything. Allow it to be and it will come. Give permission for your divine design to come through yield without thinking about it anymore. Reframe what you want life to be of everything is for you, life is flowing and friendly. And what you want is already within you to an emergence of that of what you want to be set free. What you want is wanting you so what you want is birthing through you. The butterfly is already within the caterpillar. Allow it to come through. All individuals are alike in their nature, but it is their habits that set you apart. You don't know how its going to happen but it just flows because you are in the awareness that everything is just birthing through you effortlessly
<http://livestre.am/3YKP6>

The sermon is names Divine Design, no coercion needed. In other words to mean (and Beckwith spoke of this beautifully and I will paraphrase a bit) that we are free from needing to coerce anything or anyone. When you are in the inner knowing space, you know that it just simply is and it simply will come and be and already is done and there is free from being anything you have to 'do' to make it happen or force it or anything. It will occur without you having to do or say anything just like I wrote above.

To paraphrase the words of Rev. Leon Campbell in his sermon Sunday (link here <http://livestre.am/3Yik5>) along with my words intermixed as well is this ~

Just when you thought it was over, a new day came through to break through as you. Come tell the truth about one another, that you are God/Love. That you are whole, perfect, complete and beautiful just as you are RIGHT NOW. You might make a mistake BUT you are NOT a mistake. Perfection is made on a comparison and when you are unique there is no comparison. As Jesus said Ye are Gods. Thank you for BEing your greatness and remind yourself and others of this every moment. Change your story, rewrite it in this moment. People in prison see that they were free the whole time as they are free from allowing circumstances to determine your behaviour. your consciousness trumps your situation as it is your inner seeing that determines your outer experience. My job is to see no enemy, my job is to see the God in you, in me, in all. My job is to be the visionary who sees There's a World of love, peace, and harmony.

This coupled with the whole right seeing and is why I wrote this on my facebook wall the other day as well has kept me in this place of bliss is this ~

Your response to their misunderstanding is keeping the fire fueled. There is an understanding of the person that you desire to be in relationship with in your your inner being, there is an I've come home to my alignment of this person there in your inner being. You are closer to what you desire of this more than you realise and more than anything else and that person just doesn't know it but if you focus upon him not knowing it, your discord and your loneliness is not because you are not getting on with him its because that opinion about him is not the opinion about him that your inner

being holds. Shift into what your inner being is saying about him and then it will show up. You don't have to stand on your head to please him and if he requires that you have to stand on my head to please him then he is not the right one for you anyway. When you realise that even in what this feels like as a rebuke or rebuff from him that you have put a version of him into your inner being that you are not living up to because you are allowing his current behaviour be what you are focused upon instead of the new and improved version of him this is when you become free. Your not expecting him to allow, your not expecting him to grow, your not expecting him to be who he is that you know he is in your inner being. You are expecting him to be what he is being right now of resisting etc and that is what is tearing you up, it has nothing to do with what he's doing its you not living up to your new and improved version of him. Come into right seeing and see him (or her) as what your inner being sees of him as love, as God, as magnificent, and focus on that and then it will come into your experience.

Now I placed this in terms of relationship (which could mean a romantic relationship or how you have a relationship with your mother or any relationship) and it can also apply to anything in life as well. Coming into and BEing right seeing in this manner above and maintaining this resonance again as I wrote above about praxis (practice) is what I have found is the key :)

I will also say that there is just a flow about it an ease. Not forcing it, not faking it, just truly coming from this place within your heart. And there is also a sense of distractibility if you will as well. I Am all this above but I do not spend every second focusing on it totally either. In the beginning when you are first in praxis (practice) with this written above, it feels like you are consciously practicing it, making sure you 'do' it per se and do it right as some people may or may not feel this. And at the same moment, for me, I just carry on about my life which is where the distractibility comes in. I keep on mentoring, channeling, on air on Sunday nights, holding gatherings, and BEing who I Am shining my light of love regardless of outer situations and circumstances. I Am free from allowing whatever is occurring in the 'outer' world to affect my inner world per se.

Much like if you have seen the movie The Matrix. You know how in the first one of the trilogy there are all these bullets being shot at him and he totally dodges each one effortlessly. It is like that. You are free from thinking about it, you just be it. You ARE it. And at any moment the outer world comes to you with something other than this above, you simply bless it (or him or her) thanking them for such a gift (because they are or the situation is giving you a gift of the opposite so you can BE that of what is written above regardless of the seas or seasons of whatever is occurring) and then you return back to what is written above effortlessly. Outer circumstances, situations, and relationships are free from being indicative of your choice to be happy, peaceful, loving, blissful, etc. It is when you allow your emotions to determine you through situations and stay in that place of those emotions and the story of what happened or what is happening that creates more of the same. When you can consistently (and come to the point of effortlessly) be in all that is written above, that is when your world changes in miraculous ways. Happiness, bliss, peace, love all come from within outward, and it is

your choice from within you to be this in each moment that determines your experience. It is a living in grace. And grace is a conviction of the heart from that inner knowing. My middle name Anne means favoured grace :) And so that is how I Am in bliss, love, and peace in each moment love.